



# Baystate Medical Center

Baystate Health Continuing Education Springfield, MA 01199  
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of Tufts University  
School of Medicine

**PLEASE POST**

## End of Life Care Certificate Program

An advanced course for social workers

**PROGRAM DIRECTOR:  
JOAN BERZOFF, MSW, EdD, BCD**

**October 7-10, 2010 & April 14-17, 2011**

**Baystate Education Center,  
361 Whitney Avenue, Holyoke, MA 01040**

**Sponsored by Baystate Continuing Education &  
Smith College School for Social Work**

### FAQs

#### CREDITS

The End of Life Certificate Program carries 57 continuing education credits for social workers.

#### LOCATION

This program will take place at Baystate Education Center, 361 Whitney Avenue, Holyoke, MA 0104

#### SPECIFIC AIDS OR SERVICES

Please call the Office of Continuing Education at 413-322-4242, if under the Americans with Disabilities Act, you require specific aids or services during your visit to this continuing education program.

#### OVERNIGHT ACCOMMODATIONS

The Homewood Suites, 375 Whitney Ave, Holyoke, MA, 01040 has provided our group with A special group rate of \$89.00 per night, plus 9.7% tax. To make reservations, please call (413) 532-3100 and ask for the BAYSTATE END OF LIFE GROUP rate. The group rate is available until 3 weeks before the course date or until the block is full.

Check In: 3:00pm and Check Out: 12:00pm Homewood Suites is next door to the Baystate Education Center. Course participants will have complimentary hot breakfast buffet daily, \*complimentary Welcome Home Reception (Mon-Thur),. The hotel has an indoor heated pool, whirl pool, and fitness center.

### Fees & Tuition

#### APPLICATION FEE

Submit \$45 application fee with admission materials by September 7, 2010

#### HOW TO REGISTER/APPLY

You can apply two ways:

By Mail: Complete the registration form below and mail it along with a check or credit card payment for the application fee to Baystate Continuing Education, 361 Whitney Avenue, Holyoke, MA 01040. Please make checks payable to Baystate Continuing Education.

On-line: at [www.baystatehealth.org/learn](http://www.baystatehealth.org/learn) then click "courselist/registration"

#### TUITION

Tuition is paid after you have been accepted to the Program

Tuition is \$2,600 if paid in full by September 21, 2010

OR

\$3,000 payable in two payments  
- \$1,500 due September 21, 2010  
- \$1,500 due March 1, 2011

All cancellations will incur a \$100 cancellation fee. If you must cancel, telephone the Office of Continuing Education at 413-322-4242 and follow your call with a written refund request. We cannot refund cancellations received after September 21, 2010.

For additional information, call Continuing Education at at 413-322-4242

#### COURSE CANCELLATION

Baystate Continuing Education and Smith College School for Social Work reserves the right to cancel any program which is under subscribed. In the case of cancellation, all paid tuition fees will be reimbursed in full. The School also reserves the right to modify certificate content as appropriate.

### Admission

#### ADMISSION REQUIREMENTS

Applicants should have a master's degree in social work or other mental health profession and at least two years of post master's social work experience. Applicants must be in current practice with end of life care issues.

To apply, Submit Application Form

available on-line at

[www.baystatehealth.org/learn](http://www.baystatehealth.org/learn) click on course list registration or in print below along with \$45 application fee

Follow your application with

1. Current resume
2. Two letters of reference
3. Personal Statement (2-3 pages) addressing:
  - a. Your professional and personal reasons for working in end of life care.
  - b. The influences on this choice of practice.
  - c. What you hope to gain from this program.
  - d. How you will meet the clinical requirements of the program.
  - e. How you will incorporate the above in your current workload.
  - f. Your willingness to use a consultative clinical supervisor appointed by the program.
  - g. The issues you would like to work on.

Resumes and personal statements will be shared with faculty members.

**October 7-10, 2010 & April 14-17, 2011 • Baystate Education Center**

# End of Life Certificate Program

October 7-10, 2010 & April 14-17, 2011

Baystate Education Center,  
361 Whitney Avenue, Holyoke, MA 0104

## Why Attend?

There are growing numbers of individuals and families in need of end of life care (ELC). As our population ages, there are more elderly with progressive chronic disabilities. Never before have clinical social work interventions been more needed. The terminally ill person, his/her family, social supports, health care providers, and the clergy would all benefit from the skills of a specially trained ELC clinical social workers practitioner. To date, clinical social workers have been ill prepared to effectively address the complex needs of those facing the end of life. This End of Life Program offers 14 courses and a six month clinically supervised internship which makes it the most comprehensive program in the country. Graduates have gone on to assume leadership in palliative care, writing grants, developing programs, providing clinical supervision, teaching and doing research and writing.

## Program Structure

The program consists of two weekends (October 7-10, 2010 and April 14-17, 2011) of intensive coursework at Baystate Medical Center. Students will also be asked to identify a clinical internship which they will, on a weekly basis, work with three clinical study cases (patients and families) and lead one clinical group in their work setting. They also develop or join a monthly interdisciplinary peer supervision team, and apply what they learn to their practices. Students will receive two hours of telephone clinical supervision each month. There will also be six sessions of group supervision by telephone. At the end of the internship, students write a final paper related to clinical theory, practice and/or leadership.

## Program Curriculum

**The personal is the professional I:** Will examine the practitioner's own history as it relates to the field, discuss compassion fatigue, countertransference, their differences and the meaning of the work as it relates to life history. Psychodynamic Theories of Grief and Bereavement covers theories that address loss, separation, attachment, death, and bereavement. Freud's concepts of identification, Bowlby's, Loewald's and Mahler's contributions to understanding loss and growth, and current attachment theorists are presented. Theories about continuing bonds are also covered. Clinical Practice I is a case-based seminar addressing issues of death and dying and bereavement over the life cycle. The trajectory of illness, developmental issues for children, adolescents, adults, transference/countertransference, and uses of self are addressed. **Diversity & Disadvantage in End-of-Life Care:** Cultural and economic factors play a significant part in healthcare, healthcare decision-making and end-of-life experiences. This class will review cultural competency standards in end-of-life practice and consider the influence of culture, ethnicity, and economic disadvantage on attitudes and beliefs about death and dying. **Ethical Issues in End-of-Life Care:** Addresses ethical issues in interdisciplinary palliative care, hospice, and bereavement. Patient autonomy, advanced directives, physician-assisted suicide, and cessation of life supports are discussed as case examples.

**Grieving Children and Their Families:** Relational Issues in a Developmental Context addresses how death, grief, and bereavement shape self and identity. Using research drawn from work with children, concepts of "normal" grief are challenged and alternative views of grief and bereavement presented.

### Spiritual Dimensions of End-of-Life Care:

The intersection of spiritual and psychodynamic issues at the end of life is addressed. How multicultural and ethnic groups view death, dying, and grieving is included and their implications for practice are discussed. Professional Caregiving in End-of-Life Care offers a theoretical framework within which to examine the experiences of professional caregivers along side the experiences of patients and families.

**Clinical Practice II:** uses participants' cases to discuss uses of self, countertransference, and intersubjective practice in palliative, hospice, and bereavement practices. Participants consider the intersection of psychological, developmental, existential and spiritual issues in advanced clinical practice. Interdisciplinary support, education and supervision are considered. One hour of this seminar provides an opportunity for participants to present their case studies, to teach and to educate other members of the class in a seminar designed to look at advanced uses of self.

**Leadership in End-of-Life Care:** covers the use of self as teacher, ethical decision maker, program developer, advocate, consultant, and policy maker in end-of-life care. Advanced Spirituality expands on knowledge and skills in integrating psychological and spiritual ways of making meaning. Students will apply knowledge from a variety of religious traditions and spiritual disciplines to a range of end-of-life settings and enrich comfort with diverse religious and spiritual practices.

**Current Issues in Hospice and Palliative Care:** introduces core issues in palliative care and the history of the hospice movement. Clinical and systems issues, current challenges facing the movement as well as the issues of race, ethnic, spiritual, existential, and psychological practices are discussed.

**Complex Legal and Public Policy Issues:** Advanced directives, physician-assisted suicide, the cessation of life support, and other legal and ethical issues are discussed, drawing on considerations from the first session and clinical internship.

Pain and Symptom Management reviews the psychosocial components of comprehensive pain assessment and management. Special attention will be given to interventions for patients and families, barriers, misconceptions, as well as cultural, ethical and medical issues.

**Clinical Internship:** Every student completes a six month clinical internship in his/her work setting. Each student receives clinical supervision telephonically on 2-3 studies cases. Additionally each student joins or begins an interdisciplinary peer supervision. Clinical group supervision is also provided telephonically.

**The personal is the professional II:** This course will use the field experience to reflect upon changes in self and identity as a clinician, to explore the leadership experiences that practitioners have engaged in and to use the discussion to anchor the forthcoming curriculum on leadership and practice.

## Faculty

### Stephen Arons, JD

is Professor Emeritus of Legal Studies at the University of Massachusetts at Amherst and founder and current president of the Center for Public Representation

### Terry Atillio, LCSW, ACSW

is Coordinator of Social Work, Department of Pain Medicine and Palliative Care at Beth Israel Medical Center

### Joan Berzoff, MSW, EdD, BCD

is a Professor at Smith College for Social Work and Director, End of Life Certificate Program. Dr. Berzoff is author of five books, including the co author of Living with Dying: A Handbook for End of Life Care Practitioners with Dr. Phyllis Silverman.

### David Browning, MSW, LICSW, BCD

is Senior Research Associate, Center for Applied Ethics and Professional practice at the Education Development Corporation. He is also the Director of the Pediatric Palliative Care Initiative at Children's Hospital in Boston.

### Esther Chachkes, DSW

is the former Director of Social Work and Therapeutic Recreation at New York University Hospital Center. She is on the faculty of the NYU End of Life Certificate Program.

### Yvette Colón, PhD, ACSW, BCD

is Director of Education and Internet Services, American Pain Foundation, Baltimore, MD

### Susan Gerbino, MSW, PhD

is Coordinator of the Sarah Lawrence Extension Site of the New York University Ehrenkrantz School of Social Work. She also directs the end of life program at NYU School of Social Work.

### Carolyn Jacobs, MSW, PhD

is Elizabeth Treuhaff Professor and Dean of the Smith College School for Social Work

### Phyllis Silverman, MSW, ScMHyg, PhD

is Professor Emerita at the Massachusetts General Institute of Health Professionals and an Associate in Social Welfare at the Department of Psychiatry at Massachusetts General Hospital and Harvard Medical School. Dr. Silverman is author of five books

## Registration

LAST NAME \_\_\_\_\_

FIRST NAME \_\_\_\_\_

PROFESSION \_\_\_\_\_

HIGHEST PROFESSIONAL DEGREE \_\_\_\_\_

SPECIALTY \_\_\_\_\_

INSTITUTIONAL AFFILIATION \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

E-MAIL \_\_\_\_\_

ENTER YOUR CE ID NUMBER in ONE of the boxes to the right. Use your CE ID number to register for courses, access your CE transcript/credits, and confirm your registration.

### MAIL TO:

Baystate Continuing Education,  
Springfield, MA 01199-0001

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

FAX NUMBER \_\_\_\_\_

PREFERRED DELIVERY  
 MAIL  FAX  E-MAIL

### PAYMENT METHOD

(WE CANNOT PROCESS REGISTRATIONS WITHOUT PAYMENT)

MAKE CHECKS PAYABLE TO  
BAYSTATE MEDICAL CENTER

CHECK

AMOUNT ENCLOSED

INTERDEPARTMENT  
TRANSFER (Please Attach)

If you are not a Baystate employee or attending physician, your CE ID number is:

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A.                      B.                      C.

- A. First initial of your first name  
B. Birthday month and day (2 digits each May 7 = 0507 not 57)  
C. Last four digits of social security number

For Baystate employees or medical staff members  
Your CE number is your EN or PN Number

Baystate Employees EN \_\_\_\_\_

Attending Physicians/Medical Staff PN \_\_\_\_\_

[www.baystatehealth.org/learn](http://www.baystatehealth.org/learn)

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